Summary Description of the Scientific and social research program managed by the institution providing free treatment of physical health and character development through spiritual education.

The development of any nation and society is possible only when the physical health and character of its citizens is in good condition and fine. The scientific and social research programs of the institution aims at providing free treatment to the poor community living in backward rural areas by building their character through physical heath and spiritual education.

The organization for the last 25 years with the assistance of the central government. Uttar Pradesh government and citizen participation has been managing various Samaj Sevi programs along with scientific and social research. As per the requirements of the area, the organization is providing health services, primary and technical education, behavioral and value education, uplifting of society through personality development, self management, environmental awareness, self employment on group basis as per area availability, the development of mentally challenged and adolescence and empowerment and psychological counseling of the victimized females through the medium of Pariwar paramarsh Kendra to establish peace in the family. The programs attempt to bring about the physical, social, Economic progress of an individual and consequently link him with the reconstruction of the society.

Application of Allopathic Medicines together with the production of efficient Ayurvedic Medicinal plants after the research on Ayurvedic plants.

Today, the increasing price of Allopathic medicines has made it beyond the reach of the poor and ordinary peoples. To that end, the organization is planning to make treatment available through Ayurvedic Medicines and herbs. A scheme for treatment of poor through Ayurveda system of medicines is already running. To fulfill its objective, the organization is registered under section 12A and 80G of the income tax act, 1961 of the ministry of finance, central government. It is also registered under FCRA of the ministry of home affairs and 35AC under ministry of finance.

The organization has chosen certain special Ayurvedic Herbs for its research work. A committee of experts having special knowledge in the field of Ayurveda has been constituted for the contribution of Ayurvedic Herbs. All the members of the committee will assist, inspect and consult for the purpose of augmenting the efficiency of the Ayurvedic plants. The members of the management

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committee of the organization will be of permanent assistance and on permanent duty.

The main objective of the organization is production of highly effective Ayurvedic plants and establishment of a large research center. To make available free Allopathic as well as free Ayurvedic treatment to the indigent patients of the locality. To establish a research center where rare Ayurvedic plants can be produced, as well as where such complicated disease can be researched where they can cure through the Ayurvedic plants. For assisting in the functioning of research center, the countries leading buyers / businessmen and experts, research institutes / importers, provides of seeds / planting materials are within the cognizance of institute. Local farmers have been involved for the cultivation of Ayurvedic plants by the research center and trained accordingly. Till now, local agriculturists have been involved in unprofitable farming. They have incurred loses in farming. The cultivation of Ayurvedic farming would be profitable and would lead to their social and economic progress. The organization is conducting scientific and social researches. Besides researches of the above description social research programs are also being done.

Illiteracy and consequent inferiority complex have been eliminated through the medium of primary education centers. Pure water will be made available to the rural people and they will be educated in the technique of the use of each drop. Under the National trust of the ministry of social justice and empowerment. The organization has also been selected by 3 member's high level committee under the presidency of D.M (District Magistrate) of Farrukhabad and Mainpuri. It has also been registered under directorate, handicapped welfare, U.P.

The Organization is taking under taking the development of youth and its empowerment. The disturbed thoughts of the youths are stabilized and are made aware of their family responsibility and are provided education for being ideal and respectable citizens. The youth are informed of the cultural diversity of the country in order to assimilate them in the mainstream and foster in them a spirit of national integration. National integration camps are organized for the said purpose.

With the assistance of central government and local public participation, the appropriate mentioned scientific and social research programs of the organization will be given a wide scope and transformed to public service. The forthcoming plans of the organization is to establish centers where information related to family planning and cultured family through the medium of family welfare

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centers, reproductive and child health (R.C.H.) programs. The females and youth of the indigent family are trained in various vocations and opportunities for economic progress are made available and instilled the feeling of self management, personality development, professional skills and national integration. Pariwar Paramarsh Kendra resolves domestic dispute through psychological means. Two counselors with post graduate in psychology have been appointed for the purpose who tries to create a peaceful atmosphere in domestic affairs. They also try to find out the causes of mutual mistrust and analyze the mental state of the parties. It helps to create an emotional understanding of the situation and hence its solutions. To achieve this and Women awareness camps and collective awareness camps are organized. Since the organization is attached to social research programs, The Honorable Governor of Uttar Pradesh has appointed it as service provider. The organization is also undertaking various researches in the development of mentally challenged and physically handicapped peoples. The organizations is register a research centre, produce appropriate acceptable Ayurvedic plants, treatment through Ayurvedic plants and, establish a research centre of various social studies that will make public assistance possible.

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Shanti Samaj Seva Samiti 2/377, Khatrana Street, Farrukhabad (U.P.) Necessity of Scientific & Social Research

The rise in the levels of pollution in India has contributed to the sufferance of people from different diseases. Majority of the people suffer from high blood pressure, diabetes, heart attack and mental strain. Water pollution, air pollution, sand pollution and mental pollution are the chief causes. The use of excessive fertilizers and poisons pesticides germinate new diseases. Mental pollution leads to decline in society, generates anger and spreads bitterness in family relation. To solve the above stated problems our institute has initiated Scientific and Social Research. The main points of the affairs of the operational program are as below.

Scientific Research Program

1. The rising prices of allopathic medicines and expensive treatment of huge nursing home, hospitals have eluded the ordinary man from standard treatment. 70% of the population of India lives in rural areas. Majority of them economically vulnerable. The medical facilities in the villages are limited, it is impossible for the villagers to get the treatment in cities. Consequently, they are unable to obtain treatment for trivial illnesses which undermines their physical capacity. These illnesses gradually take serious proportions and prove to be fatal.

2. Our institution has undertaken the responsibility to solve the above mentioned serious problem by providing treatment through allopathic as well as ancient Indian Ayurvedic System of Treatment to the poor. However, it requires extensive research. Few medicinal herbs are at the threshold of being extinct. Lack of information or identification of medicinal herbs lead to their destruction soon after their emergence, often they are fed as fodder to animals. The availability of these herbs are low. Small agricultural land owners do not profit from ordinary harvests. By training these land owners in the technique of medicinal herbs farming, the farming of medicinal herbs will be started and they will reap profitable margins. This will strengthen their financial position and their would be availability of medicinal herbs and avurvedic medicines for cheap treatment of poor patients.

3. Efficient running of research center is essential for the research on medicinal herbs and for the positive impact of medicines. The assistant and consultation of ayurvedic experts and scientist is taken for increasing the efficiency of majority of medicinal herbs. The production of the ayurvedic herbs shall be done at appropriate position and the scope of research centers will be widened in order to make medicinal herbs available all over India. Treatment center with the public assistance would be opened at various places providing treatment free or at

concessional fees.

Social Research Program

People from all sections of society suffer from mental agony are victims of mental pollution. Mental pollution may be caused due to non fulfillment of aspiration of the family, smoking, intoxication, unemployment, trying to satisfy the desires and ambitions, ordinary wear and tear of life, expensive education, future, fear of not attaining one's goal, disillusioned by obscene literature and obscene cinema. It leads to the feeling of agitation and results into domestic conflict. In the society relations of mutual respect and love is fast diminishing. Sweetness in relations has reduced. People are trying to find solve in fruitless entertainment because of formality. The meaning of "Vasudeva Kutumbukam" is restricted only to the written words. People find themselves lonely in the crowd. Conflict between the spouses, disrespect towards the elderly of the home are on the rise due to outlook difference in the family. It generates disappointment and fear in children. The kids do not share quality time from their parents and face lack of true love and affection. They suffer from low self-esteem in their adolescence and do not attain comprehensive development. Adolescence is seen as one stage in life. The stage is identified by rapid physical development, psychological and social development, development of primary mental processes for independence of choosing company through social and financial dependence. Adolescents are regarded as individuals having difficulties, problems and feelings of dissent. This is the pessimistic side of their specialties. Realistically, the specialties of adolescents are that they have strange needs which need to be taken care of and fulfilled. The adolescents can be developed as responsible and healthy members by positive stimulation and by providing them appropriate environment. If a feeding of idealism can be instilled in them, and if appropriate environmental plan and method of work can be made available to them, than they can prove as engine to social transformation and national renewal.

The analysis of literature in the area of psychological consultation show that ordinarily there are 7 problems namely:

- a. Physical/health related (food and nutrition, psychosomatic illness, general health, physical exercise etc.)
- b. Family related (family partition and security)
- c. Financial (education, health, entertainment, budget)
- d. Psychological (restlessness, lack of belief, tension etc.)
- e. Social (friendship, sharing relation with friends/teacher, face sexually related problems)
- f. Emotional (anger, heart attack, hypertension, loneliness, insecurity and guilt feeling)
- g. Academic (concentration, time management, exam fear, memorization power, learning power)

By the time majority of the people attain youth, they already suffer from various obsessions and mental stress. It leads to terrorism in society and violent movements. Youth with polluted mentality misuse their potential powers by inciting caste discrimination, religion dissension. It undermines the unity and integrity of the nation. It

weakens the feeling of security within the citizens. The breeding of these unending problems endanger the fabric of police security services.

After the analysis of the above difficult problems of the society the institution has undertaken social research program for complete elimination of these problems. The emotional and mental can only be eliminated through psychological means. The only solution to eliminate these problems in the mind is through psychological means through various positive program, since all these problems originate from the mind. Post research it has been discovered that mind can not be stopped from mulling over but its direction can be channelized from negativity to positivity.

Under the social research program, it has been decided by the institution that those regions in the country where cast violence, terrorism, rebellions, discriminations and separation is on rise must be given priority. "Personality development realization center" shall be opened in regions where tribes are extremely poor. Nearby regions will be sociologically inspected through the medium of these centers so that the causes of simmering vices can be accurately estimated. Different sections of the regions like women, youth, adolescents, elder lies, children, education sector, health sector, police administration and people related to different occupation shall be classified into groups and through workshop training programs these vices can be eliminated. Through the medium of these programs their aspiration can be ascertain and properly remedied. "Personality development realization center" shall daily provide psychological consultations to those coming regularly, the institutions for this purpose shall take the services of specialists, psychologist, academicians, educationalist, sociologist, technical specialist. Famous celebrities, national award winners, medalists from all over the world shall also be invited.

It is the firm belief of the institution that by operation of these programs peace and tranquility shall prevail all over India and bring glory to the country. India shall remerge as a light house to the world. This massive work is possible only through public participation.

(Murli Dhar Gaur)

Shanti Samaj Sevi Samiti 2/377 Shatrana, Farrukhabad

Proposed Work Planning Action from Scientific and Social Research Program

It has been decided by the institution that in the first phase the institution shall establish a research center for the farming of medicinal plants and a hospital based on Indian system of medicines and a "Personality development Realization Center" under the scientific and social research programs. A laboratory treatment cell, ICU, O.T., Research cell of ayurvedic medicines, sanatorium, cell for Yoga and spiritual discourse, an appropriate cell for sports and exercise and a open lawn shall be constructed therein.

The research work on ayurvedic herbs shall priority be done in the head quarter of the center. Treatment of the admitted patients through OPD shall also be offered. These shall be persistent research work on providing robust health through the application of ayurvedic herbs on different disease. Ayurvedic experts, intellectuals, doctors and scientist from nation and allowed shall be invited and seminars and conferences will be

organized periodically.

With the objective of providing meaning assistance in the re-construction of India our institution is committed towards providing robust health through free treatment or concerned treatment through the medium of ayurvedic, advertisement of Indian system of medicines productions of efficient ayurvedic herbs and to bring about moral and spiritual evergreen by undertaking related works in the society. Different section of the society shall be separately grouped and after ascertaining their emotions and through psychological system they shall be prepared for excellence and mental property. Under this intoxication operation campaigns, a campaign for establishing fraternity awareness of adult suffrage, awareness against corruption, awareness related to energy security and water security, awareness related to eliminating environment pollution, yoga and awareness related to spiritualism program.

Permanent staff members will be appointed in the research center and necessary resources shall be made available. Center shall be interlinked to the head quarter through the medium of internet/ computers and shall daily report to the head quarters of the developments. Everyone will be inspected; special individual will be periodically awarded. On such occasion the President of India, Prime Minister, Ministers and other

reputed officials from across the globe shall be appointed.

The institute shall upload all the related information on the website for the common perusal of the public. The institution aims to establish these centers nationwide with public assistance.

(Murli Dhar Gaur)

Proposed Project Report and Building Plan

Under the proposed plan the institution proposes to open a Hospital where the treatment would be through Indian system of medicines, character building and personality development through Spiritual Education Realization centre. a Residential home for destitute women, children and elderly.

The institution has decided to operate the aforementioned activities at a single location. The proposed programs are interlinked. It is so because for a blissful realization it is essential that an individual must be physically and mentally healthy. It is impossible to secure a stable and sustained life for an individual. Through the medium of these programs multi-dimensional opportunities for development is available for the individuals.

The institution plans to open three centre's counter guide in the first phase. One of which will be headquarters to established in Farrukhabad, besides one center will be established in the capital city of Delhi, Rajasthan or Maharastra will also have a centre as par availability.

The cost of the land for the establishment of centre in farrukhabad is at the rate of Six thousand Rupees per square meter. It has been decided that for the operation of the centre One lakh square mater land will be purchased. Accordingly, the cost of the land to be purchased shall be $100000 \times 6000 = Rs$, 60×600

For the establishment of the centre, a three story first class building shall be constructed on the 40% of the purchased land. A Hospital of indian systems of medicines and Ayurvedic plant research centre shall be built in the first floor. Second floor shall have a Personality Development Realization centre through Spiritual and Yoga education. Third floor shall have a Residential home for destitute females, children and elderly. The premises will separately include canteen, residential hostels, reading room, meeting hall, training hall, gym center, playground, swimming pool, teaching management room, store room, parking place. In this manner a total of one lakh square meter shall be covered with a first class construction. The cost of building material is contemplated to be Rs. 7,000/-per square meter. Accordingly, 70 crore Rupees will be spent on the proposed covered area.

Besides Farrukhabad, money will be spent on the construction of center in Delhi and Rajasthan or Maharastra as required. If the cost of land at these locations is in excess then the area of the proposed one lakh square meter shall be reduced as per the costs. The estimates of the construction of the building shall also be accordingly.

Presumptive description of expenses on scientific and social research and rehabilitation/'Ashram Home Program'

(A) Money spent on the level of headquarters:-

	Total	Rs. 1,90,00,00,000/- (One Hundred Ninety Crore Only)
7.	Expense on workshop, seminar, conference, meeting, training and advertisement, traveling expense, fuel, water, electricity, office, emergency situation, fooding for residence @ Rs 2 crore per year for 5 years (Rs. 2,00,00,000 X 5) Total	Rs. 1,00,00,000/- (Ten crore rupees
6.	Expenses on the purchase of seeds of medicinal plants, planting material, ayurvedic medicines (centers to be established in headquarters and other locations of the country) @ Rs. 20 crore per year for 5 years (Rs. 20,00,00,000 X 5)	Rs. 1,00,00,00,000/- (Hundred Crore rupees)
5.	Expenses on the purchases of hospital equipment, ventilator and other equipments	Rs. 5,00,00,000/- (Five crore rupees)
4.	Expense on the cost/salary of research center staff, scientist, doctors, establishment, specialists for spiritual and moral education and other volunteers @ Rs. One Crore per year for five years.	Rs. 5,00,00,000/- (Five crore rupees)
3.	Money spent on furniture and vehicles	Rs.5,00,00000/- (Five crore rupees)
2.	Money spent on scientific and social research center / Indian system of medicine, hospital, sanatorium, character development, personality development, Yoga and spiritual center, building material. (Rs. 1250/- per sq. feet spent on the construction in 2,00,000 sq. feet area)	Rs. 25,00,00,000/- (twenty five crore rupees)
1,	For farming of Ayurvedic Herbal Indian system of medicines, Hospital, Research centers, personality development, realization center, residential home the 80 hectare / 80,000 sq. meter land purchased @ 50 lac. Rupees per hectare / 5000 rupees per sq. meter (80,000 X 5.000)	Rs. 40,00,00,000/- (Forty crore rupees)

B. Presumptive Expenses on establishing one center of Indian system of medicine, Hospital and character development, personality development, realization center in other regions of the country

1.	Expenses on land and building construction	Rs. 40,00,00,000/- (Forty Crore rupees)
2.	Equipments, Furniture, Vehicles, Ventilator expenses	Rs. 5,00,00,000/- (Five Crore rupees)
3.	Salary / cost of staff @ 80 lac. Rupees for five years (80,00,000 X 5)	Rs. 4,00,00,000/- (Four Crore rupees)
4.	Expense on workshop, seminar, conference, meeting, training and advertisement, traveling expense, fuel, water, electricity, office, emergency situation @ Rs 1 crore per year for 5 years (Rs. 1,00,00,000 X 5)	Rs. 5,00,00,000/- (Five Crore rupees)
	Total	Rs. 54,00,00,000/- (Fifty Four Crore rupees)

C.

1.	Expenses on establishing scientific and social research center at 50 places of the country in the first phase.	Rs. 27,00,00,00,000/- (Two thousand Seven hundred
		Crore rupees)

D.

1.	Expenses on establishing shelter / residential home for destitute women, orphan, mentally retarded mentally challenged and handicapped and elder lies discarded from family in all the 50 centers of the country @ Rs. 2 crore for 5 years in fifty centers (2,20,00,000 X 50)	Rs. 1,10,00,00,000/- (One Hundred and Ten Crore rupees)
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E.

1.	Expenses on the project for the opening scientific and social research center.	
	Total Expenses for 5 Years = (A+C+D)=190+2700+110 crore	Rs. 30,00,00,00,000/- (Three Thousand Crore Only)

Note:-

- The Expenses of scientific and social research project has been fixed for 5
 years. Under the project in the first phase a center with its headquarter in
 Farrukhabad District as well as a center in the capital city of Delhi and a center
 either in Rajasthan or Maharasthra will be established then, 50 scientific and
 social centers at different locations, states of the country in second phase.
- 2. In the proposed budget or expense description, the non recurring expenses, the expenses of land, building, furniture, equipment and vehicle shall be permanent. The cost / salary of research staff, scientist, doctor and other volunteers, expenses of Ayurvedic Medicine, workshop, seminar, conference, meeting, training and advertisement, travel expenses, fuel, transportation, electricity, water etc, office and emergency expenses (endowment funds) (recurring) shall be for the duration of 5 years.
- 3. The Same Amount fixed for the purchase of land and the construction of building for the establishment of scientific and social research center in Farrukhabad head quarter shall also be earmarked for the establishment of two other scientific and social research centers at the proposed locations. If the cost of the land to be purchased is high, then, the area of the land to be bought shall be decreased accordingly. The cost for the construction for the building remains the same.
- 4. To Manage the plan in a consistent manner it has been decided that the amount received from the sale of Ayurvedic medicine and the donation and concessional fees received from the patients shall be deposited in a separate account to be maintained by the institution. The said amount shall be spent in a recurring method after 5 years. If sufficient amount is received from donations than there would be free treatment of the patients.
 Permanent programs like residential home / shelter shall be operated for the necessary, extremely necessary moral awareness, character development, personality development and providing technical training for obtaining employment on the basis of locality, availability for the construction of nation.

Hospital of Indian System of Medicine, Research Center for Medicinal Herbs, Character Development, Spiritual Education, Personality Development, Realization Center and Construction of Residential House for Destitute Females and Children.

Presumptive Expensive for the Constructions of "Scientific and Social Research Center"

I.	"Scientific and Social Research Center" 10 hec. =25 acres = 125 bhiga = 1,00,000 sq. mtr. length. Expense on the land for the construction of the head quarters in Farrukhabad (U.P.) @ Rs. 6,000/- (Six thousand Rupees only) per sq. mtr. i.e. Rs. 2,40,00,000/- per acre. (1,00,000 x 6,000)	Rs. 60,00,00,000/- (Sixty Crore Rupees)
2.	building to be constructed on the 40% portion of the 25 acre (1,00,000 sq. mtr) purchase land, according to the current price of building material i.e Rs. 7,000/- sq. mtr. (1,00,000 x 7,000)	
3.	Expense on the purchase of furniture, vehicle, buses, ambulance, car	Rs. 2,00,00,000/- (Two Crore Rupees)
4.	Expense on the cost/salary of research center staff, scientist, doctors and other volunteers @ Rs. One Crore per year for five years,	Rs. 5,00,00,000/- (Five Crore Rupees)
5.	Expenses on the purchases on hospital equipment, ventilator and other equipments Rs. 10 crore per year for five years	Rs. 3,00,00,000/- (Three Crore Rupees)
6	Expenses on the purchase of seeds of medicinal plants, planting material, ayurvedic medicines (centers to be established in headquarters and other locations of the country) @ Rs. 10 crore per year for 5 years (Rs. 10,00,00,000 X 5)	Rs. 50,00,00,000/- (Fifty Crore Rupees)
7.	training and advertisement, traveling expense, fuel, water, electricity, fooding for residence @ Rs 2 crore per year for years	Rs. 10,00,00,000/- (Ten Crore Rupees)
8.	Total Expenses on one center	Rs. 200,00,00,000/- (Two Hundred Crore Rupees)
9.	Expense for the opening of one center each in the capital city of Delhi and either Rajastjan or Maharshtra i.e total two centers	Rs. 400,00,00,000/- (Four Hundred Crore Rupees)
10.	Expense on office, Transportation and other emergency situation i.e endowment funds for all three center for five years	Rs. 10,00,00,000/- (Ten Crore Rupees)
11.	Total Expense of the plan to establish three centers in India	Rs. 6,10,00,00,000/- (Six Hundred Ten Crore Only)

(Murli Dhar Gaur)

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